services

Emergency services

(copay waived if admitted)



Effective Date 1/1/2022 Health Plan Core HMO Ref RQ-165653

This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

• The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of

Benefits	Inside Network
Plan deductible	No annual deductible
Individual deductible carryover	Not applicable
Plan coinsurance	No plan coinsurance
Out-of-pocket limit	Individual out-of-pocket limit: \$2,500 Family out-of-pocket limit: \$5,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit:
	All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	\$30 copay primary/\$50 copay specialty
Hospital services	Inpatient services: \$500 copay, per admit
	Outpatient surgery: \$250 copay
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand \$15/\$40 copay per 30 day supply
Prescription mail order	2 x prescription cost share per 90 day supply
Acupuncture	Covered up to 12 visits per calendar year \$30 copay
Ambulance services	Plan pays 80%, you pay 20%
Chemical dependency	Inpatient: \$500 copay, per admit Outpatient: \$30 copay
Devices, equipment and supplies	
 Durable medical equipment Orthopedic appliances Post-mastectomy bras limited to two (2) every six (6) months Ostomy supplies Prosthetic devices 	Covered at 50%
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray	Inpatient: Covered under Hospital services Outpatient: Covered in full

High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior

authorization except when associated with Emergency care or inpatient services.

\$200 copay at a designated facility

\$200 copay at a non designated facility

Hearing exams (routine)	\$30 copay
Hearing hardware	\$1,000 per ear every 36 months
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	50% diagnostic services & drugs
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$30 copay
Massage services	See Rehabilitation services
Maternity services	Inpatient: \$500 copay, per admit Outpatient: \$30 copay. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: \$500 copay, per admit Outpatient: \$30 copay
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$30 copay
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
	Unlimited, no waiting period
Organ transplants	Inpatient: \$500 copay, per admit
	Outpatient: \$30 copay
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. \$500 copay, per admit
Rehabilitation visits are a total of combined therapy visits per calendar year	Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$30 copay primary/\$50 copay specialty
Skilled nursing facility	Covered in full up to 60 days per calendar year
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: \$500 copay, per admit
	Outpatient: \$30 copay
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$30 copay
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full